

## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## Natasha Herbert

Has successfully participated & completed the

5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

## **TIME** 00:37:32

**PACE** 07:30/km OVERALL 12 of 97

**GENDER** 4 of 66 **OPEN** 2 of 30

outTime

23 June 2019, Sun Date